

Mid Missouri Clinic of Chiropractic

Patient History

Name _____ Date _____
Address _____ City/State _____ Zip Code _____
SSN _____ Drivers license number _____
Male or Female Birthday _____ Age _____ Married _____ Single _____ Other _____
Home Phone _____ Cell Phone _____ Work Phone _____
Occupation _____ Employer _____
Employers Address _____ City/State _____ Zip Code _____
Email Address _____
Emergency Contact _____
How did you hear about Mid- Missouri Clinic of Chiropractic? _____

Insurance Information

Do you have insurance that covers chiropractic treatment? YES NO (If no then skip this section)
Do you have health insurance where you work? YES NO
Insurance company _____ Plan ID _____
Insured same as patient? YES NO (If yes then skip next three lines)
Patient relationship to Insured: Self Spouse Child Other
Insured Name _____ Address _____
Insured DOB ___/___/___ Insured Gender M F Insured Phone Number(____)-____-____

History

Are you here because you were injured while working, in a motor vehicle collision or in another accident? Yes No When _____
List any past diseases or conditions you have been diagnosed with: (diabetes, cancer heart disease ect)

List major surgeries and allergies, illness, traumas, or other hospitalizations you have/had _____

List current or past medications _____

Have you ever been to a chiropractor before? If so why and when?

What is your level of stress? HIGH MED LOW

Explain

Presenting Problem

Briefly describe your primary pain or symptoms and location

Have you missed work due to your pain? Yes No

What makes your pain better? Rest Medication Heat Ice Other

What If any time of day is pain at its worst? MORNING AFTERNOON NIGHT

Describe the pain(burning,aching,shooting,sharp)

When did the problem begin

Rate the pain as of right now, 0-10(0 being no pain and 10 being excruciating pain)

When pain is at its worst 0-10

Does pain affect your daily activities? How?

What kinds of treatment have you had for this problem?

Have you had any imaging for this problem (X-ray, MRI, CT ect)

Confidential Patient Case History

Dear Patient: Please complete this questionnaire. Your answers will help us determine if chiropractic can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. THANK YOU.

Name _____ Date _____

Please check the appropriate box for any of the following symptoms which you now have or have had previously. We want all the facts about your health before we accept your case. THIS IS A CONFIDENTIAL HEALTH REPORT.

O – OCCASIONAL
F – FREQUENT
C – CONSTANT

O F C

GENERAL

- Allergy
- Chills
- Convulsions
- Dizziness
- Fainting
- Fatigue
- Fever
- Headache
- Loss of sleep
- Loss of weight
- Nervousness/depression
- Neuralgia
- Numbness
- Sweats
- Tremors

MUSCLE & JOINT

- Arthritis
- Bursitis
- Foot trouble
- Hernia
- Low back pain
- Lumbago
- Neck pain or stiffness
- Pain between shoulders
- Pain or numbness in:
- Shoulders
- Arms
- Elbows
- Hands
- Hips
- Legs
- Knees
- Feet
- Painful tail bone
- Poor posture
- Sciatica
- Spinal Curvature
- Swollen joints

O F C

GASTRO-INTESTINAL

- Belching or gas
- Colitis
- Colon trouble
- Constipation
- Diarrhea
- Difficult digestion
- Distension of abdomen
- Excessive hunger
- Gall bladder trouble
- Hemorrhoids
- Intestinal worms
- Jaundice
- Liver trouble
- Nausea
- Pain over stomach
- Poor appetite
- Vomiting
- Vomiting of blood

EYES, EARS, NOSE & THROAT

- Asthma
- Colds
- Crossed eyes
- Deafness
- Dental Decay
- Earache
- Ear discharge
- Ear noises
- Enlarged glands
- Enlarged thyroid
- Eye pain
- Failing vision
- Far sightedness
- Gum trouble
- Hay fever
- Hoarseness
- Nasal obstruction
- Near sightedness
- Nosebleeds
- Sinus infection
- Sore throat
- Tonsillitis

O F C

CARDIO-VASCULAR

- Hardening of arteries
- High blood pressure
- Low blood pressure
- Pain over heart
- Poor circulation
- Rapid heart beat
- Slow heart beat
- Swelling of ankles

RESPIRATORY

- Chest pain
- Chronic cough
- Difficult breathing
- Spitting up blood
- Spitting up phlegm
- Wheezing

SKIN

- Boils
- Bruise easily
- Dryness
- Hives or allergy
- Itching
- Skin eruptions (rash)
- Varicose veins

GENITO-URINARY

- Bed-wetting
- Blood in urine
- Frequent urination
- Inability to control kidneys
- Kidney infection or stones
- Painful urination
- Prostate trouble
- Pus in urine

FOR WOMEN ONLY

- Congested breasts
- Cramps or backache
- Excessive menstrual flow
- Hot flashes
- Irregular cycle
- Menopausal symptoms
- Painful menstruation
- Vaginal discharge
- Yes No Are you pregnant?

CHECK THE FOLLOWING CONDITIONS YOU HAVE HAD:

- | | | | | |
|---|---|--|---|---|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cold sores | <input type="checkbox"/> Goiter | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Scarlet fever |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Gout | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Diphtheria | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Mumps | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Eczema | <input type="checkbox"/> Influenza | <input type="checkbox"/> Pleurisy | <input type="checkbox"/> Typhoid fever |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Lumbago | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Malaria | <input type="checkbox"/> Polio | <input type="checkbox"/> Venereal disease |
| <input type="checkbox"/> Chorea | <input type="checkbox"/> Fever blisters | <input type="checkbox"/> Measles | <input type="checkbox"/> Rheumatic fever | <input type="checkbox"/> Whooping cough |

PLEASE PRINT

What's your major complaint? _____

List surgical operation and years: _____

Drugs you now take: Nerve pills Pain killers Muscle relaxers
 "Pep" pills Tranquilizers Birth control pills

Others: _____

Age of mattress: _____ Comfortable Uncomfortable Do you use a bed board? _____

Are you wearing: Heal lifts Sole lifts Inner soles Arch supports

Have you been in an auto accident: Past year Past five years Over five years Never

Describe: _____

Have you ever had any mental or emotional disorders? Yes No When? _____

Have others in your family had such disorders? Yes No When? _____

HAVE YOU EVER:

Yes No

DESCRIBE BRIEFLY

- | | | | |
|--|--------------------------|--------------------------|-------|
| Been knocked unconscious? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Used a cane, crutch, or other support? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Been treated for a spine or nerve disorder? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Had a fractured bone? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Been hospitalized for anything other than surgery? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

DO YOU:

- | | | | |
|--|--------------------------|--------------------------|-------|
| Now take vitamins or minerals? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Think you may need vitamins or minerals? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Have an allergy to any drug? | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

DATE OF LAST:

Less than 6 months 6-18 months Over 18 months Never

- | | | | | |
|----------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Spinal examination | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Physical examination | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Blood test | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Chest X- ray | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Spinal X-ray | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Dental X-ray | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Urine test | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

HABITS

Heavy Moderate Light None

- | | | | | |
|----------|--------------------------|--------------------------|--------------------------|--------------------------|
| Alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Coffee | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Tobacco | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drugs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Exercise | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sleep | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Appetite | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

IN CASE OF EMERGENCY: (Name of relative or close friend not living in your home):

NAME: _____

ADDRESS: _____ PHONE: _____

Date: _____

Child History Form

Please complete this detailed history form and return it to the receptionist. Should you require assistance, please let us know as we will be happy to assist.

Child's name: _____ D.O.B. _____

Address: _____

City/State/Zip: _____

Cell phone: _____ Home phone: _____

Doctor's name: _____ Doctor's phone: _____

Doctor's Address: _____

Name of Previous Doctor of Chiropractic: _____

Date of Last Visit (dd/mm/yyyy): _____

Child's Height: _____ Child's Weight: _____

Name(s) of Parent(s) or Guardian(s): _____

Business Telephone: _____

I hereby authorize and consent to the chiropractic evaluation and care of my child.

Parent or Guardian Signature: _____

Witness: _____

What are your chief concerns, if any, with your child's health? _____

What is your main reason for contacting us? _____

List any other care your child has undergone with regards to this complaint including medication: _____

Date of onset (mm/yyyy): _____ Onset was: sudden/gradual/assoc with event

Duration of Problem or Episode: Minutes/Hours/Days/Months/Years

Pattern of Problem: Constant/Intermittent/Occasional/Cyclical

Initiating Factors: _____

Aggravating Factors: _____

Relieving Factors: _____

How does the problem affect your child's body function and daily activities? _____

Prior occurrence or episodes? _____

Other health concerns? _____

History of Birth

Hospital/Birthing Center: Home Medical Midwife Duration of Gestation: _____ weeks
Was the birth assisted? Yes No
If yes, how? Forceps Vacuum Extraction C-Section Induced Labor
Were medications given to the mother at birth? Yes No If yes, what? _____
Duration of birth: _____ Was the delivery normal? Yes No
If no, what complications were there at birth? _____

Growth and Development

Was the infant alert & responsive within 12 hours of the delivery? Yes No
If no, explain: _____
Describe any health problems that exist on the mother's side of the family? (e.g. Cancer, Diabetes, etc.)

The father's side? _____
Do the child's siblings have any health problems? Yes No If yes, describe: _____

The following information is very important because many of the problems that chiropractors work with are caused by stressors.

Chemical Stressors

During pregnancy, did the mother: 1. Smoke Yes No 2. Drink alcohol? Yes No
3. Take supplements/vitamins? Yes No 4. Take drugs? Yes No If yes, what? _____
5. Become ill? If so, how? _____ 6. Receive ultrasounds? Yes No If yes,
how many? _____ 7. Receive invasive procedures (i.e. amniocentesis, CVS)? Yes No

Was your child breast fed? Yes No If yes, for how long? _____ weeks months years
Did your child receive vaccinations? Yes No If yes, which ones? _____
Did your child react to them? Yes No
Has your child had antibiotics? Yes No If yes, how many courses has the child had so far &
why? _____
Any pets at home? Yes No Any smokers at home? Yes No If yes, how much? _____

Psychological Stressors

Any difficulties with lactation? Yes No Any problems bonding? Yes No
Does your child seem normal to you? Yes No
Does the child have any behavior problems? Yes No If yes, what? _____
Does your child have difficulties sleeping (e.g. night terrors, sleepwalking, etc.)? Yes No
If yes, specify: _____
Did your child go to daycare? Yes No From what age? _____ years
Average number of hours of TV/Computer per week? _____ hours

Traumatic Stressors

Any evidence of trauma during birth? Bruises Odd shaped head Stuck in birth canal
 Fast and/or excessively long birth Respiratory Depression Cord around neck
 Other _____
Any falls/accidents during pregnancy? Yes No
Has the child had any major falls since birth? Yes No If yes, did the child need stitches or cause a
fracture? Please describe: _____
Any hospitalizations? Yes No Please explain: _____
Does your child play sports? Yes No Number of hours per week? _____ Age child began ___ yrs
Weight of school backpack? _____ lbs Approx. hours spent at play per week? _____ hrs